

# Newsletter: Let God's Love Change You

## INSIDE THIS ISSUE:

Embracing Change	2
Don't Let Your Past Define..	3
Lesson from the Fig Tree	4



## 2018 Event – Fit For the Journey

We were enormously blessed to have Dr. Marcia B. Levi, Optimal Care, LLC Chiropractic /Physiotherapy/Nutrition, speak at our spring event. The knowledge shared was more than could be completely absorbed. She talked about several principles of health (the nervous system, the digestive system, exercise, rest and relaxation (there is a difference). Our nervous system is critical, everything in our body runs off of this, it needs care. We learned how to find the hot spots;

these can be possible problem areas, worth a discussion with our physician. Talked about recognizing stress and how we need to address it. Dr. Levi's services are worth checking out, [www.optimalcarechiro.com](http://www.optimalcarechiro.com) .

We are actively planning events for this and next year. We invite you if not already on our contact list, email [daughtersohope@aol.com](mailto:daughtersohope@aol.com) to get on our mailing list and not miss out on future events.

## The Love of God

I can remember the many times I've listened to the Spinners croon erroneously the tune, "Love Don't Love Nobody," but as melodious as they were, thanks be to God, He put pastors and teachers in my life, that I may come to know that Love, loves everybody. "Whoever does not love does not know God, because God is love." (1 John 4:8) I'm feeling extremely blessed to be loved by God, the love of God is beyond anything we could ever imagine. He loves everybody no matter whether you miss the mark or hit a bullseye. "For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor

height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord". (Romans 8:38-39) I've found in this life there will be times when those who are closes and dearest to you will not understand you and what you are going through, sometimes you may not even understand yourself. But God, who is omniscient, has no problem in solving ours. You can't do enough to merit it; you can never make enough money to buy it, God gives His love to us freely, purely and endlessly. As the advertisement says for the Washington Post, "If you don't get it, you don't get it." Ergo, if you don't know God, you don't know true love."

## The Love of God - continued

Want to get to know Him? Read the compilation of love letters He has left us, we call them the Holy Bible. Don't understand them? Well, you're always welcome to visit His house, He has many servants there who will interpret them for you. Once you come to know that you know, that you know, you will

walk around amid all the mass confusion in this sinful world, with a glow and a smile on your face and a twinkle in your eyes. People will look at you and say, "It Must Be LOVE."

--Min. Geri Stancil, DOHM Vice President



## Embracing Change

Have you ever heard these statements? I don't want to change, why do we have to change? Change is a part of life from the time we are born until the time the Lord calls us home. We shift from being babies to full grown adults. Managing changes are hard for some and easy for others. Though we may not like to, we all should embrace change. It is the way for God to show Himself strong in us all.

Let's think about the changes of the caterpillar to the butterfly. When we see a caterpillar, we don't see the beauty that it possesses until it goes through various changes and emerges as a beautiful butterfly. The caterpillar gets to what is called the resting stage also known as the changing stage. The caterpillar starts to change. It starts to turn into a butterfly. It starts to look different. Its shape begins to change. It changes quickly. It then turns into a butterfly. This is what happens to us when we are going through with the constant changes in our lives and not understanding that through those changes God is working some things in and out of us to create a thing of beauty. We should rest in those changes knowing that when it is complete, we will start to act and look different.

Just like as when someone first comes to accept Christ into their life, then the metamorphosis begins. Many changes will start to happen, and instead of resisting or resenting these changes, we should embrace them. God wants to lead us and guide us; He wants us to grow up so that He can show us more of His truth. Embracing the change helps us to be willing to let go of everything that lies behind us and that includes our old ways and routines. When we fully release everything over to God, then we can accept the changes that life throws at us and trust God through them. If the Lord saw fit to bring you to it, He most definitely will see you through it.

It's time to "Embrace the Change."

"He who began a good work in you will carry it on to completion until the day of Christ Jesus" Phil. 1:6

--Tomiko Hankerson, DOHM Secretary



Food for thought:

"Manage your attitude...remove negative influences from your environment. Surround yourself with those who support you in the change process.

**"An Overcomer's Guide to Living Well"**

Dr. Vivian M Jackson

Dear Past,  
thank you for  
all the lessons.

Dear Future,  
I am ready!!!

inspirationboost.com

## Don't Let Your Past Define You

Sometimes we are not able to move forward in our calling because we let our past hinder us. Oh, I was a drug addict, prostitute, I committed adultery, etc. We contemplate, "who's going to believe me when I start telling them about what Christ has done in my life." We must tell others what God has done for us. God is waiting for us to be bold for His glory. Don't look back at your past but instead use your past to your advantage. When others bring up your past, say, "that was then but this is now, I am a child of God and a work in progress." Don't let shame and fear hold you back. Don't worry about what if someone from the past calls you out. Don't let anything deter you from doing what God is calling you to do.

Let's talk about Paul, before his conversion, known as Saul who persecuted the followers of Jesus. He attacked the church of God and tried to destroy it, see Galatians 1:13-14, Philippians 3:4-6, and Acts 8:3. When Saul was on his way to Damascus to arrest followers of Jesus, as he near Damascus he had an encounter with Jesus Christ which changed his life forever, read chapter 9 of Acts. Paul

realizes he was a sinner; the key word here is was a sinner. Paul had no problem admitting he was a sinner, see I Timothy 1:15. After a few days in Damascus, immediately he preached about Jesus see Acts 9:20. Then all who heard were amazed, and said, "Is this not he who destroyed those who called on this name in Jerusalem, and has come here for that purpose, so that he might bring them bound to the chief priests?" (Acts 9:21). This is what they said about Paul, but it didn't stop him from preaching the gospel of Jesus Christ. Even when his brothers did not believe he was converted. He did not let anything stop him, not even prison or sickness. So don't let your past stop you. Someone is waiting for you and needs you to be bold and courageous. The world is waiting for you. God is counting on you.

--Linda Gary, DOHM President



**Vision:** Daughters of Hope is called to lead women towards spiritual, emotional and physical wholeness through the application of biblical principles to their lives.

**Mission:** To equip women to overcome life challenges and find God's purpose and fulfillment through prayer, teaching and mentoring relationships.

## A Lesson from the Fig Tree (Part 2)

Recap from Part 1 taken from Luke 13:6-9. A certain man had a fig tree but it was not bearing fruit, the vineyard owner wanted it cut down, why have it taking up space. But the keeper of the vineyard said wait give it one more chance, and some help. The question that was asked: "Do you want another year of cultivating (grace) so you can have what is perhaps waiting for you from the Lord."

So I ask myself what is required of me to recognize the grace that is given. My answer: "I should be intentional or aggressive about what I think are the next steps."

Using as an acrostic the word Aggressive let's explore another lesson from the "Fig Tree."

**A**ctivate, release yourself to pursue a path you believe you are meant to follow

**G**o, move, forward motion does not take place without it

**G**oal, you have some, what are they

**R**each beyond what you think you can accomplish, remember you are working with God

**E**ngage, this requires input on your part, find the energy

**S**ay, the words out of your mouth, say what you want and let God confirm or redirect

**S**ay Again, doing it once may not be enough, strike the ground more than once

**I**mage, envision, see yourself

completing, yielding fruit, producing

**V**ision, check your vision with God, it cannot be just your own

**E**xpect help and guidance along the way, by those God, sends your way, ask God

for wisdom and expect to receive it

Let's look at another scripture Mark 11:12-14 NIV

12 The next day as they were leaving Bethany, Jesus was hungry. 13 Seeing in the distance a fig tree in leaf, he went to find out if it had any fruit. When he reached it, he found nothing but leaves, because it was not the season for figs. 14 Then he said to the tree, "May no one ever eat fruit from you again." And his disciples heard him say it.

Our actions cannot be just for show, or half-hearted, but unashamed and sincere in the pursuit of our goals. Someone once said to me "you don't act desperate and you say this is a desperate situation for you." I hate to admit it but that person was right about me, I wasn't putting forth strenuous effort as I know I can and needed too.

The fig tree had leaves and no figs. Fruit comes on the fig tree before the leaves. Then the leaves act as shade protecting the fruit as it grows. This tree was false, no fruit but looked promising from afar off, plus the season was not yet. We must know the appearance of productivity will be detected if it is real or not. We don't want to be false witnesses. May I be found faithful and true to my mission. Since part one of the Fig Tree Lesson, I have taken some action to move toward goals, and intend to continue, another scripture to grow on.

Galatians 6:9 (KJV)

And let us not be weary in well doing: for in due season we shall reap, if we faint not.

--Min. Connie Lowe, DOHM Treasurer



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