

Newsletter: The Spirit of God is Speaking

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Women's Retreat Looking for Vendors

Ladies if you have a business and products and or services you want to promote, this may be the opportunity you are looking for at our retreat **November 2-4, 2017**; in Lancaster Pennsylvania.

You must complete the vendor form. Visit our website to get all the registration forms. At this event, vendors are expected to register and attend at least one day of the retreat. Continue to invite friends and family.

My Cup Runneth Over (Relationships)

Last month as I prepared for another Daughters of Hope meeting, I anxiously awaited the ladies arrival. I was tired from working all day. As the ladies began to arrive this feeling of excitement came over me. The feeling of my cup runneth over with joy was from the friendships I have amongst these ladies. The feeling of peace overwhelmed me. As in all relationships, there are times we agree and times we disagree with one another. There are times we need space from one another, but it's always a joy when we come back together. When we began to pray that night an overwhelming feeling of thanksgiving came over me, I was thankful for the friendships God had given me over the years. I am very grateful to have these ladies in my life, they have been a blessing to me.

Let's see what God has to say about relationships. He who walks with wise men will be wise, But the companion of fools will be destroyed. Proverbs 13:20 NKJV

And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching. Hebrews 10:24-25 NIV

Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. Ephesians 4:2-3 NIV

Wounds from a friend are better than many kisses from an enemy. Proverbs 27:6

Relationships are very important, but the greatest relationship you can have is with God. Spending time in His presence talking to Him and listening to Him. When I have the opportunity to get in His presence a special feeling comes over me. That's what I believe help makes the other relationships work.

--Linda Gary, DOHM President

Hush!

I sometimes think we live in such a fast-paced, loud, anxious world. Traffic speeding down the streets and highways. From cars, we are bombarded by the loud music blasting from open windows. Cell phones are beeping because someone is anxious to get our attention. Cars rushing past to get in front of "slower" cars - eager to be first in line - - at the next red light! Radio commercials, television, even online commercials pitched louder, brighter to get our attention.

We, ourselves, rush from concerns and responsibilities to family and friends, going to numerous church meetings and events, job demands, our pursuit of personal visions and goals and on, and on. Our calendars are filled to overflowing.

And yet, somehow, I feel, the Lord seems to be calling us to slow down, to be quiet even silent – not just in our bodies but also in our spirits. Can we hear Him? Can we begin to slow down - - at least a little? Can we give God's still small voice a chance to be heard (His still small voice heard and felt by each of us)?

"But the Lord is in His holy temple. Let all the earth hush and be silent before Him." Habakkuk 2:20 AMP (And who are we? We are temples of the Holy Spirit.)

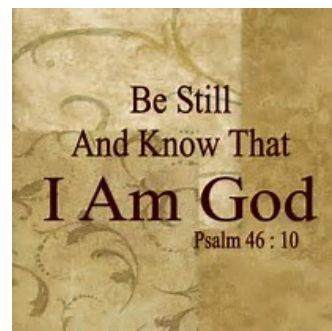
"It is good that he waits silently for the salvation of the Lord." Lamentations 3:26 NASB

"Be still in the presence of the Lord, and wait patiently for him to act." Psalm 37:7a NLT (God is Immanuel, God with us, present in our lives)

Don't be impatient for the Lord to act! "Travel steadily along his path. He will honor you by giving you the land." Psalm 37:34b NLT

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." Psalm 46:10 NIV

Prayer: Dear God, I pray that You will help us begin to have a Sabbath, "rest" mentality – not just on Sunday but each day. Help us to acknowledge that You truly are in control and that it's all right for us to slow down and release our concerns and plans to You. Amen. --Rose Matthews



This Year's Retreat Speaker – Pastor Thomas

Rev. Lynette Thomas is the Pastor of Emmanuel Wesleyan Church in Baltimore, Maryland. She was born in Guyana, have lived and ministered in this country many years as well as ministered outside the country. Many

who know her know she has a giving, compassionate heart. Pastor Thomas has knowledge and wisdom she is willing to share, seen and experienced many things; I know we will be blessed.

Meet us in Lancaster, PA



**Repent, Return
and be
Refreshed
of the Lord**

Repent!

(Judges 2: 11-15 KJV)

And the children of Israel did evil in the sight of the LORD, and served Baalim: And they forsook the LORD God of their fathers, which brought them out of the land of Egypt, and followed other gods, of the gods of the people that were round about them, and bowed themselves unto them, and provoked the LORD to anger. And they forsook the LORD and served Baal and Ashtaroth. And the anger of the LORD was hot against Israel, and he delivered them into the hands of spoilers that spoiled them, and he sold them into the hands of their enemies round about so that they could not any longer stand before their enemies. Whithersoever they went out, the hand of the LORD was against them for evil, as the LORD had said, and as the LORD had sworn unto them: and they were greatly distressed.

(Judges 3:7-8 KJV)

And the children of Israel did evil in the sight of the LORD, and forgot the LORD their God, and served Baalim and the groves. Therefore the anger of the LORD was hot against Israel, and he sold them into the hand of Chushanrishathaim king of Mesopotamia: and the children of Israel served Chushanrishathaim eight years.

(Daily News any anywhere: Front Page)

And America turns from the true God and went a whoring after other gods, sowing corruption, discord, abuse, immorality, hatred, and murder. Love is dead and buried in an unmarked grave. And the people decided which sin was the greatest and it didn't matter if you committed the other little sins. We influenced as many others as we could, causing them to think as we do. We have unleashed Satan and his demons to wreak havoc in our country and yet seem surprised at the outcome.

(Acts 3:19 NAS)

Therefore repent and return, so that your sins may be wiped away, in order that times of refreshing may come from the presence of the Lord;

(Isaiah 59:19 KJV)

So shall they fear the name of the LORD from the west, and his glory from the rising of the sun. When the enemy shall come in like a flood, the Spirit of the LORD shall lift up a standard against him.

--Min. Geri Stancil
DOHM Vice President

This Year's Retreat Speaker – Dr. Levi

Lancaster, PA



Dr. Marcia B. Levi is the principal healthcare provider at Optimal Care - a wellness center utilizing chiropractic, physiotherapy, and nutrition in Laurel, Maryland.

Dr. Levi has made education a major focus of her practice including research and community engagement. She frequently

presents on natural health issues and preventative care.

Dr. Levi earned a certificate in Physiological Therapeutics, undergraduate degrees in Education and Dietetics, and a Doctor of Chiropractic degree from the University of Guyana and Life University. She is currently pursuing a Diplomate in Clinical Nutrition.

Fear Not!

For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2Timothy 1:7

How many times have we heard this passage of scripture when that old man fear creeps upon us? I know I have rehearsed it over and over in my mind when I start feeling fearful. Even today as I write this article I am experiencing a level of anxiety over an upcoming interview. I can say that I am my toughest critic and sometimes I let fear paralyze me. Well, thankfully I have some great friends who help to steer me on the right track when I experience these emotions. They help me realize that God does not operate in fear and those of us who are believers in Him

should know that He prepares us for whatever situation we go through. Whatever the situation there is nothing higher than the name of the Lord so whenever that crippling fear comes upon you just breathe and call upon the name of Jesus to bring out the power that is within you. With Christ, there is nothing that you can't do.

A few tips to overcome your fear

1. Check your "self- talk"
2. Visualize a happy place
3. Breathe through the moment

--Tomiko Hankerson
DOHM Secretary



Vision Board Testimony

On 04/16/2016 I attended the Daughters of Hope women's meeting in Capitol Height's MD and that evening the agenda was creating Vision Boards. I gave my testimony of the vision that the Lord gave to me in 2012 of a home and a large sum of money in which he confirmed the vision just the way he showed it to me. Well at the meeting that night I

began to put together my vision board with pictures we cut out of magazines to simulate the vision while we fellowship with each other. With all praise to my Lord and Savior Jesus Christ one day short of it being exactly one year from the meeting on 4/15/16, I went to Closing on 04/14/2017 on my home purchased in Waldorf MD. Mind you I have not yet

received the large sum of money that was in the vision of which I thought I would be using to make the purchase. The Lord met every need. All things are possible to him who believes! Tho the Vision tarry wait for it for it shall surely come to pass. May God's Blessing continue to be upon you.

--Much Love
Eunice Pringle

See [Facebook](#) for more pictures of our Vision Board Meeting



Wisdom and the Other Voices

But the wisdom that comes from heaven is first of all pure and full of quiet gentleness. Then it is peace-loving and courteous. It allows discussion and is willing to yield to others; it is full of mercy and good deeds. It is wholehearted and straightforward and sincere. And those who are peacemakers will plant seeds of peace and reap a harvest of goodness. James 3:17-18 TLB



Folly - lack of good sense; foolishness. Action that ends or can end in disaster

From scripture, there is a voice we need to listen to and one we do not. There is a voice we need to be open to and follow, and one that leads to trouble we should steer away from. The voice we need to hear has the character of God; it does not intrude or demand attention but speaks gently. It holds long life, riches, and honor beyond anything comparable that we know, it holds pleasant ways, and paths of peace, when we grasp it securely, we will be blessed. And if we never let go, we can walk safely without stumbling, unafraid, have a sweet sleep, not fearful of a sudden disaster, for the Lord will keep your foot from the trap (Proverbs 3:13-26). Who would not want this?

How often have we ignored, turned from and did not heed to the voice of **wisdom** but that of folly? It is not our wisdom or understanding that we lean on but that which comes from God (Proverbs 3:5-8). I suspect reasons we don't listen and follow is because we say to ourselves; "I got this," or "Nah I don't have to do that," or "that does not make any sense." Truth be known God trusting us to have dominion over the world doesn't make sense, but He does. Our knowledge and understanding are so limited, what course do you take to run every aspect of the world, maybe that is why God leads us in the direction where we can get sound Wisdom, Knowledge, and Understanding.

The voices of our friends, family, associates, mentors, and leaders are one thing and can have value, but when it comes to purpose and mission in life depend on the one who gave his life for you. It may not be popular, or politically correct, but read, pray, listen and follow wisdom and reap all the benefits no man can give you.

--Min. Connie Lowe
DOHM Treasure

Free Book: The True Value of a Woman: God Designed You for Greatness by Bishop Larry Jackson, **limited time, act fast!**
www.freebook.truevalueofawoman.com

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Vision: Daughters of Hope is called to lead women towards spiritual, emotional and physical wholeness through the application of biblical principles to their lives.

Mission: To equip women to overcome life challenges and find God's purpose and fulfillment through prayer, teaching and mentoring relationships.

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