

# Newsletter: Are We Hearing Spiritually?

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**Mission:** To equip women to overcome life challenges and find God's purpose and fulfillment through prayer, teaching and mentoring relationships

**Vision:** Daughters of Hope is called to lead women towards spiritual, emotional and physical wholeness through the application of biblical principles to their lives.

## March 23, 2019 – Because HE Rose

**Matthew 28:6** – “He is not here, for he has risen. . . “

Come and share what Jesus has done for you because He Rose that others are encouraged, edified, and brought into the blessed hope of the power that He has granted in life eternal for all who trust and believe in what He has done.

Location & Time:  
Giant Food Conference Center  
15520 Annapolis Road, Bowie, MD  
Saturday, March 23, 2019  
12:00 PM - 3:00 PM  
Please RSVP to:  
[daughtersohope@aol.com](mailto:daughtersohope@aol.com)



## Are You Blending in or Standing Out?

I remember watching my mother baking cakes, she would use flour, milk, eggs, flavoring, sugar, etc. all different alone, but once she put them in the mixing bowl and started stirring, you couldn't tell them apart, they all became one bowl of cake batter.

People of God, we are all in a storm right now, simply because many of us have decided to blend in with the world and the world's way of thinking and doing things. It is hard to tell our brothers and sisters in Christ from the non-believers! Many of us are stressed, worried, speaking words out of our mouths that are contrary to God's word and promises, and looking to men/women in various positions to steer us out of this storm.

Once again, just like the children of Israel we have gotten ourselves into something we don't have the power in and of ourselves to get out of. (Judges Chapter 2) God has set standards for His people, and we are to abide by those standards, (no compromising with the world). If this means that you will have to stick out like a sore thumb or become the elephant in the room, so be it.

Be assured that God and only God has the power to calm this and any other storm that may arise, and steer you to peace, prosperity, and safety. (2 Chronicles 7:14)

Trust and Believe GOD

--Min. Geri Stancil, DOHM Vice President

## Created for Life's Challenges

If you were the creator of a washing machine, you would plan what components to put in the washer based on its purpose. You would want a wash cycle, a rinse cycle, and a spin cycle. You would also realize that you need to be able to wash clothes starting with clean water, extract the dirty water, then rinse the clothes in more clean water and that at some point you would need to wring the water from the clothes. A dryer is an appliance too. It contains the parts needed to dry wet clothes. A stove requires components that allow it to be used to both cook and bake food.

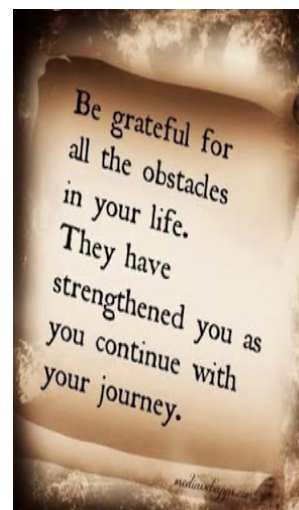
They are all appliances with different purposes, and their creators equipped them with the components they would need according to their purposes.

Just like the appliances, we are each created for a purpose. "For we are God's handiwork, created in Christ

Jesus to do good works, which God prepared in advance for us to do" (Ephesians 2:10). In fact, Psalm 139:14 says we were fearfully and wonderfully made. Figuratively, I may be a spiritual can opener because I will be faced with cans that need to be opened; you may be a spiritual toaster since your mission may involve the need to heat and brown bread. God reassures us that He has already placed in us everything we need to face in life (1 Peter 1:3). We have all of the components we will need to handle every circumstance of our lives efficiently.

So, when we face difficult marriages, problem children, physical illness, financial difficulties, or whatever our life brings, remember that our creator accounted for it and placed in us the spiritual components we need for the task!

--Cornette Cole, DOHM Member



## Living the Abundant Life

What does it mean to live an abundant life? What did the Lord mean when He said, "I came that you might have life more abundantly?" (John 10:10) Many think if they believe in Christ that their sufferings will end, and they will have no struggles in life; "no struggles in life" is far from the truth.

Throughout scriptures, people lived abundant lives during trials and tribulations. This scripture teaches us that when we believe that we can live life abundantly because our hope and trust lie in the Savior Jesus Christ. He is our hope and our refuge, a very present help in the time of trouble.

Learning how to live the life that God has for us is tantamount to tapping into that abundant life. Abundant life is not about what we have. It's not about what we get. It's not about what we claim. Ultimately, abundant life is about what we receive as a gift from the Lord and to live knowing we are stewards of the blessings of God. So, embrace all that God has for you and know that He desires for you to live a prosperous and full life in Him.

--Tomiko Hankerson, DOHM Secretary



Even the  
*hard pathways*  
 OVERFLOW with  
*abundance.*  
 PSALM 65:11



## Don't Lose Focus, Keep Your Eyes on Christ

Don't lose focus; keep your eyes on Christ. A lot is happening in this world today and therefore, it is important that we walk by faith and not by sight. One of President Donald Trump's key promises during his campaign for president was to build a wall at the border between the United States and Mexico. He is doing everything within his power to hold firm to his word of preventing immigrants from entering the US illegally. However, Congress was not in agreement with the President, thus resulting in a government shutdown and threats of another shutdown occurring. This shutdown affected government workers and businesses.

Furthermore, sickness and diseases are attacking our bodies. Stress seems to be inevitable resulting in many of us being on edge. If you don't think so just get on the highway and watch how people drive.

We must hold firm to God's word, walk by faith, and have confidence in God. We have to believe Him at His word. God's word assures us that He will take care of us no matter what goes on around us. We must trust God. This is my command—be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go" (Joshua 1:9). May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit (Romans 15:13).

When you are overwhelmed, take a step back and refocus on God's word. Ask God to show you which way to go. Your word is a lamp to my feet And a light to my path (Psalms 119:105). Remember He has a purpose for you here on this earth and you will be able to complete it, just keep the faith and trust Him. We know that in all things God works for good with those who love Him, those whom He has called according to His purpose (Romans 8:28), and I have been young, and now am old, Yet I have not seen the righteous forsaken, Nor his descendants begging bread (Psalms 37:25).

Remember to be humble. If you need help don't let pride get in your way and keep you from asking for help. As sisters and brothers in Christ we are to Bear one another's burdens, and so fulfill the law of Christ (Galatians 6:2). Keep your focus.

--Linda Gary, DOHM Founding President

## Vendors Wanted

If you have a business and products and/or services you want to promote, this may be the opportunity you are looking for at our upcoming **Daughters of Hope 2019 Women's Retreat**, October 10-12, 2019, in Lancaster, Pennsylvania.

You must complete a vendor form. Visit our website at [www.daughtersofhope.org](http://www.daughtersofhope.org) for more information. At this event, vendors are expected to register and attend at least one day of the retreat.

## Feeding Your Inner Man

Daily, we feed our bodies the physical food needed that we are nourished with strength and health. As Christians, we have a regenerated spirit (the inner man) that also needs to be fed. How are you feeding your inner man so that you are being nourished to grow spiritually that you are empowered throughout the day to receive what only God can give; His strength when you are weak in spirit, His truth when you hear lies, His peace when you have anxiety, His faith when you are fearful, His wisdom when you are confused, and His joy that surpasses all understanding.

Yahweh, the "God Who Is," is the greatest chef there has ever been Who has prepared a table before us to feed our inner man that we are equipped to live in abundance, come what may, that we are overcomers.

When we do not eat enough physical food, it causes us to suffer malnourishment. In the same sense, little spiritual food (time spent in the Word of God) will result in spiritual sickness; we become victims and not victors in our daily lives.

God promises to fill our appetites for spiritual food through His word in the person of Jesus Christ (John 6:35 - the "Bread of Life"). This is the source of nourishment for our spiritual growth in feeding the inner man that it is well nourished so that no matter what the world throws at us; anxiety, fear, confusion, temptation, we can live in the victory of God's promises.

Jesus also declares in John 6:48-51, "I am the Bread of Life." In the natural, bread (physical food) is eaten to satisfy physical hunger and sustain physical life. However, we can only satisfy spiritual hunger and sustain spiritual life by a right relationship with Jesus Christ (the "Bread of Life").

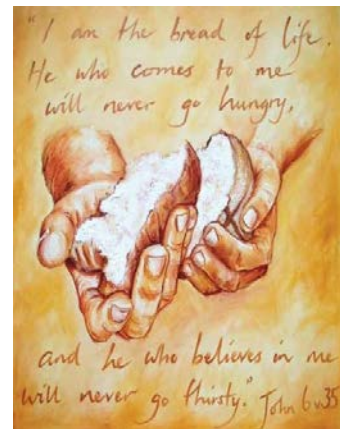
Bread must be eaten to give physical life, and Jesus Christ must be invited into our lives to give spiritual life. Physical bread is temporal; we eat it and will be sustained for a day, and then we need to eat more bread every day, this bread cannot keep us from dying. Jesus offers Himself as spiritual bread from heaven that satisfies completely and leads to eternal life.

The source of feeding the inner man comes from the Word of God, having a lifestyle of reading the Bible, praying, meditating, and studying the Word of God, teaching and admonishing one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts (Colossians 3:16). In doing so, this will also result in a lifestyle of being a disciple that others are also brought into a right relationship with God. As we grow more and more in God, we live a life that is victorious; the fiery darts will come, but we have an advocate that gives us what is needed so we can endure, persevere and come through with an awesome testimony. Come what may, we look at life from a different perspective. We live our lives according to God's plan and purposes for our life, and we have an eternal hope in being with God forever.

Fill up on God's "bread of life" that you are overflowing in His promises and blessings. As it states in Matthew 5:6, "Blessed are those who hunger and thirst for righteousness, for they will be filled."

Bon Appétit!

--Linda Price, DOHM member



## Don't Despair

**Ecclesiastes 3:1-8.** King James Version (KJV)

1 To everything there is a season, and a time to every purpose under the heaven:  
 2 A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted;  
 3 A time to kill, and a time to heal; a time to break down, and a time to build up;  
 4 A time to weep, and a time to laugh; a time to mourn, and a time to dance;  
 5 A time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing;  
 6 A time to get, and a time to lose; a time to keep, and a time to cast away;  
 7 A time to rend, and a time to sew; a time to keep silence, and a time to speak;  
 8 A time to love, and a time to hate; a time of war, and a time of peace.

We live in what appears to be turbulent times; it can be exciting but also unsettling. With the help of technology, we can know what is going on halfway around the world as well as several thousand miles away — bringing all that information to our doorstep making us feel like it is happening down the street. There is undoubtedly enough happening in our communities to concern us in our households; many things seem out of control, certainly out of our hands.

I have recently wondered what was going on in Noah's day that God had enough and decided to wipe them all out so he could start over, even the animals; in the Bible, it says all flesh were corrupt. So, I am a little somber but still ask the question "what is going on," then I go to the familiar scripture, Ecclesiastes 3:1-8. What time is it, a personal question, what time is it for you?

I am reviewing and meditating on several scriptures; two of them are the following:

Romans 13:1 English Standard Version (ESV) – “Let every person be subject to the governing authorities. For there is no authority except from God, and those that exist have been instituted by God.

Proverbs 29:8 (ESV) – “Scoffers set a city aflame, but the wise turn away wrath.”

Praying for the times we are in, I need to remind myself not to be fearful, for God did not give me a spirit of fear. However, fear is an emotion we have; we have a reverential fear of God. We have cautionary fear (a sense of discomfort) that helps us make decisions. The fear of the unknown or what may come to pass all should be placed at the Lord's feet. Placing it at His feet I find I need to pray earnestly and just as importantly believe prayers will be answered. I often don't know what the answer will look like, what God chooses to do is entirely up to Him, so the answer may not look like anything I envisioned. We cannot put God in a box; He amazes me in how He manifests His answers to prayer. For instance, a prayer for finances can come in the form of debt reduction or a service or program previously unknown that release the pressure. God understands the complex, what we don't see. Don't despair, pray and expect an answer, but you cannot dictate what it looks like.

--Min. Connie Lowe, DOHM Treasurer

### Daughters of Hope

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## Women's Retreat 2019

**1 Timothy 1:14** – “The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus.”

Come join us as we celebrate, inspire upon, and just basked in God's phenomenal grace. This will be an elegant affair. For more information and to register, visit [www.daughtersofhope.org](http://www.daughtersofhope.org) or email us at [daughtersohope@aol.com](mailto:daughtersohope@aol.com).

